Saegert Lunch

## RER 2024

SERVED DAILY

FRESH WHOLE FRUIT & CHILLED FRUIT 1% WHITE OR FAT FREE FLAVORED MILK

**Lunch Meal Prices:** STUDENT: ADULT: FREE \$5.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6

\*Labor Day\*

\*District Holiday\*

**CHICKEN PARMESAN** 

Broccoli Normandy Caesar Side Salad 10

**BEAN & CHEESE TOSTADA** 

Chips & Salsa, Pico Lettuce & Tomato, Guacamole SOFT BEEF TACO

Street Corn Charro Beans, Crema Sauce

12

**BEEFY MAC &** 

CHEESE Peas0& Carrots Corn on the Cob. Garlic Toast

13

**OVEN FRIED CHICKEN** 

Mashed Potatoes, Green Beans, Brown Gravy, Roll 16

**SPAGHETTI & MEATBALLS** 

Garlic Toast, Garden Side Salad, Broccoli Normandy 17

**BAKED POTATO** 

BBQ Chicken or Beef Chili, Cheddar or Queso, Bacon, Butter, Chives, Sour Cream, Steamed Broccoli, Roll

**CALI-CARNE** 

BURRITO Curly Fries, Pico, Salsa, Crema Refried Beans

SLOPPY IOE ON A BUN

> **Curly Fries** Mixed Vegetables 20

**CHICKEN** NUGGETS

Herb Roasted Potatoes Peas & Carrots Dinner roll

HOMEMADE **MEATLOAF** 

Scalloped Potatoes Peas & Carrots Dinner roll

24

**CHICKEN** 

**BBO CHICKEN TENDER SANDWICH** 

18

Steamed Broccoli Garlic Herb Carrots **PULLED PORK** HOAGIE

19

Baked Beans, Curly Fries, Onions & Pickles

26

**CHICKEN** 

**PEPPERONI CALZONE** 

Tator Tots Mini Buttered Carrots

27

23 **LEMON PEPPER** 

CHICKEN Seasoned Green Beans Mashed Potatoes, Rolls

**ALFREDO** Garlic Breadstick, Italian

Zucchini, Glazed Carrots October 1

**BEEF PHILLY** CHEESESTEAK

25

Mashed Potatoes Peas & Carrots

October 2

**CRISP-UP TACO** 

Charro Beans Street Corn

October 3

**CHICKEN OUESADILLA** 

Steamed Broccoli Mini Buttered Carrots

30 **CORN DOG** 

Seasoned Green Beans **Tator Tots** 

CHICKEN **PARMESAN** 

Broccoli Normandy Caesar Side Salad

**BREADED PORK** CHOP

Firecracker or Mashed Potatoes Seasoned Broccoli Dinner Roll

**BEEF & CHEESE CRISP-UP TACO** 

> Charro Beans Street Corn

October 4 **BEEFY MAC &** CHEESE

Peas& Carrots Corn on the Cob, Garlic Toast

## \*\*MENU IS SUBJECT TO CHANGE\*\*

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATADOR GRILL	Steak Fingers W/ Texas Toast & Gravy	<u>Chicken</u> <u>Sandwich</u>	Pizza Slice Pepperoni or Cheese	Chicken Tenders  w/ Texas Toast & Gravy	<u>Cheeseburger</u>
SALADS	<u>Popcorn</u> <u>Chicken</u> <u>Salad</u>	<u>Chicken</u> <u>Bacon Ranch</u> <u>Salad</u>	<u>Crispy</u> <u>Chicken Chef</u> <u>Salad</u>	<u>Shredded</u> <u>Chicken</u> <u>Cobb Salad</u>	<u>Ham</u> Chef Salad

## \*All Students Receive FREE Breakfast and Lunch\*



